



## Quick Tips: How to Reset Your Patient Portal ID or Password

To reset your My Health My Way Patient Portal Login ID or Password please navigate to the log in screen in your browser or on the app.

Then click the following links and follow the prompts accordingly:

My Health  
My Way

Your session has timed out.

Logon ID:

[Forgot Logon ID?](#)

Password:

[Forgot Password?](#)

Log On

Reset Logon

\* Email Address:

Reset Logon

This will reset both your logon id and your password.

\* = Required fields

Reset Password

\* Enter Logon ID:

\* Email Address:

Reset Password

\* = Required fields

If you continue to have trouble accessing the My Health, My Way Patient Portal please seek support from your clinician or contact My Health, My Way Patient Portal support:

**Email:** [myhealthmyway@waypointcentre.ca](mailto:myhealthmyway@waypointcentre.ca)

**Phone:** 705-549-3181 x 4941

\*\*If you believe that your My Health My Way Patient Portal account has been breached or compromised please contact the Privacy Officer.